

# Growing Gardeners Workshop Series



## SPRING 2018

*Some of these workshops require registration - email [learn@omahasprouts.org](mailto:learn@omahasprouts.org) to register!*

## FEBRUARY



### **BIG GARDEN + BIG MUDDY URBAN FARM 4TH ANNUAL SEED SHARE**

Saturday, February 3rd 10AM - 2PM at Yates Community Center  
Join us as we share seeds with our community. Family-friendly, activities for all ages; bring seeds to share if you are able!

### **COMMUNITY GARDENING 101**

with Cait Caughey and Shannon Gennardo  
Wednesday, February 7th 6-8PM at The Big Garden, 5602 Read Street  
Join Cait & Shannon for all the insights on how to start a community garden and how to be an involved community gardener in Omaha!

### **LET YOUR LOVE GROW: A VALENTINE EVENT** with Shannon Gennardo

Saturday, February 10th 1-3PM at City Sprouts, 4002 Seward Street  
Come join us for this family friendly event. We will make seed art valentines and decorate windowsill size pots to start seeds in. Light snacks/refreshments provided.

### **SEED PROCESSING PARTY** with Cait Caughey & Carol Erkens

Saturday, February 17th 1-3PM at Benson Public Library, 6015 Binney Street  
Gather with other members of your community to learn how to process seeds for the Common Soil Seed Library!

### **MAKING AND USING BONE BROTH** with Adam Sherrerd

Wednesday, February 21st 6-8PM at City Sprouts, 4002 Seward Street  
In this hands-on workshop, learn simple processes for preparing this nutrient-dense and healing food that can help to lower inflammation and heal the digestive system. **Registration required** - Please email [learn@omahasprouts.org](mailto:learn@omahasprouts.org)

### **STARTING SEEDS INDOORS** with Cait Caughey

Monday, February 26th 6-8PM at The Big Garden, 5602 Read Street  
Learn methods and techniques for starting your own seedlings to transplant into your home or community garden.

## MARCH

### **SEED PACKING PARTY** with Cait Caughey

Saturday, March 3rd 1-3PM at Benson Public Library, 6015 Binney Street  
Gather with your community to package seeds for the Common Soil Seed Library! Drinks, snacks and great conversation!

### **PYSANKA: UKRAINIAN EGG DECORATING** with Mary Green

Saturday, March 10th 1-3PM At City Sprouts, 4002 Seward Street  
Learn the basics of Ukrainian egg decorating, also known as pysanka. Because of the use of hot wax, this class is designed for ages 15+ **Registration required** - Please email [learn@omahasprouts.org](mailto:learn@omahasprouts.org)

### **BUGS!** with Dave Crane and Andy Math

Saturday, March 17th 1-3PM at City Sprouts, 4002 Seward Street  
Join Omaha Bug Symposium experts Dave Crane and Andy Matz for an exploration of garden insects, tips on creating insect habitats, and edible bug treats.

## MARCH

**BED PREPARATION & SPRING PLANTING** with Cait Caughey  
Monday, March 19th 6-8PM at The Big Garden, 5602 Read Street  
Learn techniques for properly preparing your beds, feeding your soil, planting seeds and seedlings, and spacing for maximum yields.

**SPRING PLANTING** with Carol Dona  
Saturday, March 24th 1PM-3PM at City Sprouts, 4002 Seward Street  
It's grow time! In this hands-on workshop, Carol Dona, a long-time City Sprouts gardener, will provide advice and guidance on getting your spring garden planted. Plants and seeds available!

**PLANNING A MEDICINAL HERB GARDEN** with Alex O'Hanlon  
Wednesday, March 21st 6-8PM at City Sprouts, 4002 Seward Street  
We will discuss medicinal plants, their suitability to our climate, and how to incorporate them into your garden design to get the most benefit. We will discuss in more detail sage, thyme and yellow dock.



## APRIL

**CHICKENS 101** with Shannon Gennardo  
Saturday, April 7th 1-3PM at City Sprouts, 4002 Seward Street  
Interested in starting your own backyard flock? We will talk through the basics of coop design, chicken breeds, chicken care, and Omaha area permit requirements. Weather permitting, the majority of this class will be held outside at our coop.



**ASK A FARMER LEARNING CIRCLE: IMPROVING YOUR HOME GARDEN** with Cait Caughey  
Monday, April 9th 6-8PM at The Big Garden, 5602 Read Street  
Do you have questions about your spring and summer garden that you want answered? Do you want to learn how to set up a composting system at home? Have your specific questions answered by an experienced farmer!

**HOMEMADE PLANT-BASED CLEANING SUPPLIES**  
with Stephanie Finklea  
Monday, April 16th 6-8PM at The Big Garden, 5602 Read Street  
Join us to make safe, plant-based home cleaning products.

**NATURAL SKIN CARE** with Ashe Milkovic  
Saturday, April 21st 1PM-3PM at City Sprouts, 4002 Seward Street  
Learn how to balance your skin by using natural, homemade products and nutritional approaches that will keep your skin healthy. We will also learn how to make a facial toner and sugar scrub!

**ORGANIC PEST MANAGEMENT** with Tyler Magnuson  
Wednesday, April 25th 6PM - 8PM at City Sprouts, 4002 Seward Street  
Join seasoned farmer Tyler Magnuson as he talks us through basic organic pest management. Weather permitting, we will also do hands-on identification of pests and application of organic pesticides.

**ARBOR DAY CELEBRATION**  
Saturday, April 28th 1PM-3PM at City Sprouts, 4002 Seward Street  
Join us as we celebrate trees! Activities, games and snacks for all ages. Come dressed as a tree for a special prize!

***The Growing Gardeners Workshop Series*** is a collaboration between City Sprouts and The Big Garden in Omaha, Nebraska.

Our purpose is to offer four seasons of hands-on workshops that feature skills and techniques for every gardener and urban farmer.

All workshops are free or low-cost, all-ages, and no one will be turned away for inability to pay.

Questions? Contact Cait - [ccaughey@biggarden.org](mailto:ccaughey@biggarden.org) or Rebecca - [learn@omahasprouts.org](mailto:learn@omahasprouts.org)