

Growing Gardeners Workshop Series SUMMER 2017



MAY



FORAGING WILD SALADS with Cait Caughey

Monday, May 15th 6PM to 8PM at The Big Garden, 5602 Read Street
Come identify, harvest, and eat edible wild plants. These plants are packed with nutrients, medicinal properties, and are literally all around us! **FREE!**

SUMMER PLANTING WORKSHOP with Carol Dona

Saturday, May 20th 1PM to 3PM at City Sprouts, 4002 Seward Street
Join Carol Dona, a long-time City Sprouts gardener and master gardener, for an interactive and informative workshop on summer gardening tips. **FREE!**

BIG GARDEN PLANT SALE

May 12th - 14th and May 19th - 21st 9AM to 2PM at The Big Garden, 5602 Read Street
Come purchase seedlings for your garden while supporting the work of The Big Garden! \$2 for Annuals and \$3 for Perennials.

SPRING FLING

Saturday, May 27th, 10:AM to 12PM at City Sprouts 4002 Seward Street
Celebrate the coming of spring. Family-friendly, activities for kids, snacks and light beverages will be provided. Sign up for the Little Sprouts program! **FREE!**

CITY SPROUTS SATURDAY MARKET

Every Saturday May 27th through September 23rd 10AM to 12PM at City Sprouts, 4002 Seward Street
Farm-fresh vegetables, fruits, eggs, and other goodies grown, produced, and raised at City Sprouts!

LITTLE SPROUTS GARDEN CLUB

Every Saturday June 3rd through August 5th, 10AM to 11:30AM at City Sprouts, 4002 Seward Street
The garden is a great place for learning, especially for children. Learn from different experts about gardening, pollinators, cooking and more! **FREE, ages 5+**

JUNE

MAKING TINCTURES with Alex O'Hanlon

June 12th 6PM to 8PM at City Sprouts, 4002 Seward Street
We will learn the basics of picking, drying, and tincturing different herbs. We will discuss in more detail tulsii, lemon balm, and dandelion root. Everyone will go home with a tincture. **FREE!**

CREATING POLLINATOR HABITATS AND INSECT HOTELS with Andy Waltke

Monday, June 5th 6PM to 8PM at The Big Garden, 5602 Read Street
Pollinators are crucial to our livelihood and food product and need protecting! Come learn how to make pollinator habitat and insect hotels in your home or community garden using recycled and inexpensive materials. Everyone will get to take something home! **FREE!**

JUNE continued...

USING RAINWATER IN YOUR HOME LANDSCAPE with Andy Szatko of Omaha Stormwater

Monday, June 12th 6PM to 8PM at The Big Garden, 5602 Read Street

Come learn simple, easy and low-cost ways to use rainwater in your home landscape. We will discuss rain gardens, rain barrels, native and adapted plants, simple landscape designs and how to create them for the home landscape. **FREE!**

SUMMER SOLSTICE

Saturday, June 24th, 10AM to 12PM at City Sprouts, 4002 Seward Street Celebrate the changing of the season with the summer solstice in the garden. **FREE!**

BIG GARDEN NATURE CAMP

Fridays June 23rd, 30th and Fridays July 7th, 14th, 21st, 28th
9:30 to 11:30AM at The Big Garden, 5602 Read Street

Big Garden Nature Camp is for children ages 3-7 years old. This program offers hands-on learning and outdoor play. Your child will learn a variety of skills featuring a new theme each week.

Registration required \$5/class, but full scholarships are available! Email Cait Caughey to register ccaughey@biggarden.org



JULY

ALTERNATIVE VS ALTAR-NATIVE FOODS - PONDERING THE IMPORTANCE OF FASTING AND FEASTING IN THE 21ST CENTURY with Scott Quinn

Monday, July 10th 6PM - 8PM at Big Garden Campus, 5602 Read Street

Join us for a lively discussion about food and faith, community, and sharing meals with one another featuring guest teacher Scott Quinn, Campus Minister at Duchesne Academy. **FREE!**

HOW TO BUILD A WOOD-FIRED EARTHEN OVEN with Jim Schalles

Weekend Workshop — July 14th through 16th at City Sprouts, 4002 Seward Street

Join us for a 2 1/2 day weekend workshop where we will be building a wood fired oven (and cob bench) at City Sprouts. You will leave the workshop empowered with the knowledge needed to build a similar oven for yourself at low or no cost! **Registration required** at omahasprouts.org.

BLANCHING AND FREEZING FRUITS AND VEGGIES with Kay Wilwerding

Saturday, July 15th 1-3PM at The Big Garden, 5602 Read Street

Learn two methods to easily and safely preserve produce from your garden (or farmer's market). **FREE!**

HERBAL SOAP MAKING with Cait Caughey

Monday, July 17th 6-8PM at The Big Garden, 5602 Read Street

Join us for a hands-on class where we will make various herbal soaps using infused oils. Making homemade herbal soap is not difficult it just takes time and some safety precautions. **FREE!**

LACTO-FERMENTATION with Alex O'Hanlon

July 24th 6-8PM at City Sprouts, 4002 Seward Street

We will learn the basics of lacto-fermentation. Everyone will go home with a half pint of either kvass, sauerkraut or hot sauce. **FREE!**

The Growing Gardeners Workshop Series is a collaboration between City Sprouts and The Big Garden in Omaha, Nebraska. Our purpose is to offer four seasons of hands-on workshops that feature skills and techniques for every gardener and urban farmer. All workshops are free or low-cost, all-ages, and no one will be turned away for inability to pay. Questions? Contact Cait Caughey — ccaughey@biggarden.org